

# Application Form

Title	
Surname	
First Name	
Address	
Postcode	
Tel: Home	
Work	
Email	
Date of Birth	

Please indicate which membership you require:

Body Sense Peak	Body Sense Off Peak	Group	Dedication
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I have read and understood the terms and conditions of all Centre Membership, including Group and Dedication (please tick)

East Dorset District Council will hold your name and address on computer for the purposes of mailing Body Sense information. All information held on our system is confidential and can only be accessed by us. It is not passed on to any third party.

Signed	Date

**Photographic ID**  
Our computerised management system supports photographic identification.

For Office Use	
Start Date	
Expiry Date	
Joined with	
Memb/Card No	
Receipt Number	
Direct Debit	
Full Amount	Initial Payment

Queen Elizabeth Leisure Centre  
Blandford Rd, Wimborne, Dorset BH21 4DT  
tel: (01202) 888208 [www.qe-leisure-centre.co.uk](http://www.qe-leisure-centre.co.uk)

# Body Sense

[www.qe-leisure-centre.co.uk](http://www.qe-leisure-centre.co.uk)

Swimming Pool Fitness Programme  
Health Suite  
Pulse  
Cardio  
Strength



## The Benefits of Joining Body Sense



Your journey towards a healthy body starts with a full and comprehensive consultation with one of our fitness instructors. They will guide you as you work your way to achieving your personal goals. Regular updates will tailor your fitness regime specifically to your bodies requirements ensuring maximum results in minimum time.

There is **no joining fee** and **monthly direct debits** are **interest free**. You could **join with a partner**, colleague or friend to **reduce your fees**. Complimentary **guest passes** are available and new members will receive a **welcome gift**.

### Strength

With the latest range of Cybex resistance equipment for the complete body workout

### Cardio

A combination of the latest in computerised cardio-vascular equipment with audio visual and large TV screens

### Pulse

A choice of top of the range resistance and cardio-vascular machines for the complete workout

### Health

Steam Room and Sauna with a comfortable relaxation area

### Swimming Pool

25m pool UV filtration system. All public swimming sessions, Aquafit, Parent & Baby and Swimfit included

### Fitness Programme

Wide range of fitness classes to suit all ages and abilities. Also includes all activity mornings



For further information and advice please contact our Sales and Membership Team  
**01202 888208**

## Membership Fees

	Single	Double
<b>Off Peak</b>		
Monthly DD	£28.33	£49.16
*12 months full payment	£340	£590
(Terms & conditions apply. 3 months cancellation notice required)		
Monday to Friday		
<b>Off Peak times</b>	<b>6.30am - 4.00pm</b>	
Saturday and Sunday	8.00am - 7.00pm	

### Peak

Monthly DD	£37.50	£67.50
*12 months full payment	£450	£810
(Terms & conditions apply. 3 months cancellation notice required)		
Monday to Friday		
<b>Peak times</b>	<b>6.30am - 10.30pm</b>	
Saturday and Sunday	8.00am - 7.00pm	

### Dedication

Two year fixed rate Single Peak membership

Monthly DD	£28.12
2 years full payment	£675
Saving £112.50 per year	
(Terms & conditions apply. 6 months cancellation notice required)	

### Group Membership

Single Peak membership for groups of five or more

Monthly DD	£26.25
12 months full payment	£315
saving £135 per person	
(Terms & conditions apply. 3 months cancellation notice required)	

\*If you pay for 12 months in advance we will give you one month free

For swimming and fitness class times please see separate timetables

