

## MONU by Susan Molyneux

Susan Molyneux has combined over twenty years experience of blending high quality natural ingredients with the latest advances in skincare technology. All products used are available for purchase.

### Facials

**MONU Aromatic Facial 60 mins**  
For all skin types including mask therapy and exfoliation to promote skin radiance.

£31.00

**Renu Lift Express 60 mins**  
Anti-ageing facial for mature skins. £34.00

**MONU Express Facial 30 mins**  
All skin types

Cleanse/Tone, Scrub & Mask £21.00

**MONU Essential Oil Facial 60 mins**  
Luxurious and extremely relaxing, for all skin types (including scalp massage)

£34.00

**Alгимud Active Seaweed Mask 60 mins**

Natural detoxification treatment which brightens and deeply hydrates the skin.

£33.00

### Microdermabrasion

This is a mechanical peel using crystals to remove dead skin cells. Designed to improve skins regenerative capabilities, reduce fine lines, pigmentation and acne scarring. Brightens the complexion.

**MDA Regenerating Facial**  
with vitamin C Gel Mask £38.00  
Course of 10 treatments £320.00

### Make-up

Cleanse, tone & make-up £25.00  
Wedding make-up (inc. trial) £55.00

## NEW Bio-Ultimate Platinum Microcurrent Facial

Lifts with Suzuki sequencing technology to penetrate deeper into the skin with brilliant results. Preventative for younger skin. Rejuvenating for mature skin.

**Age Defying Facial 1hr 15 mins**  
Smooths the skin, lifts the brows and boosts the collagen in the skin.

Single treatment £39.00  
Course of 10 £340.00

**BT- cocktail Lift Facial 1 hr**  
Brilliant results for that special occasion. Combination of microdermabrasion and microcurrent lift £35.00

**Express Turbo Lift Facial 45 mins**  
Perfect for that special occasion or quick pick-me-up. £32.00

**Acne Treatment 45 mins**  
Decongests and repairs tissue.

Single Treatment £34.00  
Course of 6 treatments £174.00



## Hands & Feet

### Nailliques Manicure

A totally therapeutic system proven to help nails that are inclined to peel, break or split. Promotes natural nail growth.

**Luxury Manicure 60 mins**  
with Thermal Mitts £26.00

**Mini Manicure 30 mins**  
with coat of Protein Formula. Without polish £15.00

**Mini Manicure 45 mins**  
With polish £20.00  
File & Polish £10.00

### New Gelac Semi Permanent UV Gel Polish

File cuticles & UV polish 45 mins £20.00  
with full manicure 1hr 15 mins £30.00  
Removal 5 mins £5.00

**Thermal Mitts**  
with Facial or Pedicure £4.00

**Pedicure 60 mins**  
Complete pampering for your feet. Foot Spa, removal of hard skin, cuticle work, filing, massage and polish.  
(Please bring sandals) £29.00

## Eyes

**Eyelash Tint £14.00**  
24 hour skin test required

**Lash & Brow £20.00**  
**Eyebrow Tint £8.00**  
**Eyebrow Shape £8.50**  
**Eyebrow Tidy £8.00**  
**Eyelash Perming**

Curl lasts up to 8 weeks, lashes appear longer and more flattering. 24 hour skin test required. £34.00

**Individual Eyelashes top set £15.00**  
**Intensive Eye Treatment 45 mins**  
Includes non-surgical lift  
with collagen mask £28.00  
**Course of 6 treatments £156.00**

## Appointment Times

Monday	9.30-3.00	6.30-9.30
Tuesday	CLOSED	
Wednesday	9.30-3.00	6.30-9.30
Thursday	CLOSED	4.30-6.00
Friday	9.30-3.00	6.30-9.30
Saturday	9.00-1.00	
Sunday	CLOSED	

Please allow 24 hours notice for cancellation otherwise a charge of 50% of the full price will be made.

## Gift Vouchers Available

**Queen Elizabeth Leisure Centre**  
Blandford Road, Wimborne  
Dorset, BH21 4DT  
Tel: 01202 888208  
Mobile: 07798 657880

## Tanning Treatments

Exfoliation needs to be carried out prior to tanning treatment.

### Spray Tanning

Full Body	£25.00
Legs	£16.00
2nd Treatment within a week	£18.00

### St. Tropez Tanning Lotion

Full Body with exfoliation	£37.00
Legs only with exfoliation	£17.00
Full Body without exfoliation	£25.00
Legs only without exfoliation	£13.00



## Body Treatments

Full Body Massage	£36.00
Back & Shoulder Massage	£20.00
Indian Head Massage 30 mins	£18.00
Back Cleanse, Scrub, Mask, Massage 45 min	£27.00

### NEW Lava Shell Massage

Hot tiger clam shells glide over the body with varying pressure. Hydrating oils moisturise the skin. Revitalise and rebalance the body and mind.

Hot Lava Full Body Massage 1hr	£38.00
Hot Lava Back Massage 1/2 hr	£26.00
Hot Lava Tummy Massage 15 mins	£13.00

### Dead Sea Body Scrub

with Coconut Oil and Vitamin E Oil £27.00

Queen Elizabeth Leisure Centre Blandford Road, Wimborne Dorset, BH21 4DT  
Tel: 01202 888208 Mobile: 07798 657880

## Dead Sea Inchwrap

This luxurious body treatment is deeply relaxing, softens and detoxifies the skin and helps reduce unwanted inches and cellulite.

Full Wrap inc. Bodyscrub	2 hours	£49.00
Half Wrap inc. Bodyscrub	90 mins	
Single treatment		£39.00
Course of 6		10% off

### Susan Molyneux

Spa Treatment 2 hours approx

This unique treatment incorporates lymphatic drainage, Shiatsu and aromatherapy. The face, body and scalp treated using these techniques leaves the body energised. £55.00

**Bio-Detox Foot Spa** 30 mins approx

Feeling is believing. Re-energise and re-balance the body, promote detoxification.

One treatment	£22.00
Course of 5-7	£17.00 each

## Waxing

Using warm wax with special after-care lotion containing tea tree essential oil.

Full Leg & Bikini	£26.00
Full Leg	£23.00
Half Leg	£15.50
Top Leg	£16.50
Half Leg/Bikini/Under Arm	£29.00
Bikini or Under Arm	£8.00
Brazilian Bikini	£15.00
Lip or Chin	£7.00
Lip & Chin	£11.00
Forearm	£10.00

## Top to Toe Pamper

2hrs 45mins

Mini Facial, Mini Manicure, Pedicure & Back Massage	£75.00
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# Aspects of Health & Beauty

Qualified Beauty Therapist

Liz Goodman BABTAC, CIBTAC

Tel: 01202 888208 Mobile: 07798 657880